

Help your clients get the most from their health care — tell them about these programs available at no additional cost

Aetna's Nationally Recognized Wellness and Discount Programs

Health care doesn't start and stop with medical plans alone. That's why Aetna[†] offers its members online wellness and discount programs.

Aetna's online tools

Informed Health[®] Line

Members receive 24/7 toll-free phone access to registered nurses. Informed Health Line nurses provide information on thousands of health topics. They can tell members how to ask the right questions and describe health symptoms more effectively when visiting a doctor. Members receive the toll-free number upon enrollment.

Aetna Navigator[®] website

Navigator is Aetna's self-service website where members can manage their benefits and find information about their health.

Services within Aetna Navigator include:

- DocFind[®] directory
- Price-A-DrugSM tool*
- Hospital Comparison tool
- Estimate the Cost of Care tool
- Pharmacy Benefits Summary
- The Aetna IntelliHealth[®] website — our award-winning website for health, dental and wellness information provided by Harvard Medical School.

*If available with your plan.

***Business Week* article, February 20, 2006, copyright by The McGraw-Hill Companies, Inc., comparing Aetna, UnitedHealth and WellPoint member websites.

Log on to Aetna Navigator by visiting www.aetna.com and clicking Navigator.

A 2006 *Business Week*** survey showed Aetna as the leader in online membership tools.

Aetna's wellness programs

Aetna Natural Products and ServicesSM program

Aetna members receive great savings on health care services and natural products like massage therapy, acupuncture, vitamins and more. It's a smart way to save on items and services not typically covered by insurance. Members can find providers by visiting DocFind at www.aetna.com, or calling the toll-free number on their member ID card.

Employee Assistance Program (EAP)

Aetna's EAP is a confidential program that gives employees and family members access to services and support to help them manage the everyday challenges of work and home. Employers can also take advantage of EAP resources with its Management and Human Resources Assistance program. Access EAP by logging on to www.aetnaeap.com.

For more information visit www.aetna.com.

Aetna Health ConnectionsSM disease management

Our newly redesigned capabilities offer support for over 30 conditions, as well as integrated care for members with multiple conditions. The program includes cutting-edge technology that helps improve patient safety, doctor communication and more.

Preventive care — Member health education reminders

Members can elect to receive reminders to encourage the use of services to help prevent, detect and monitor problems early on.

Examples include:

- Annual reminders encouraging women to schedule their GYN exam and Pap smears, and if over 40, an annual mammogram.
- Childhood and adolescent immunization reminders.
- Annual reminders promoting blood pressure and cholesterol checkups. **Members can enroll in Member Health Education Reminders on Aetna's Navigator member website.**

We want you to know[®]



Aetna Women's HealthSM programs

focus specifically on the health care needs of women. Programs include:

- Our Beginning RightSM maternity program, which offers information and services to expectant mothers including care coordination by obstetrical nurses experienced in preterm labor education, breastfeeding support and more. We want to make sure expectant mothers have the information needed to make informed decisions about health care while pregnant or planning a pregnancy.
- Our Breast Health Education Center, which offers information and services dedicated to breast health, including our Breast Cancer Case Management Program, confidential genetic testing for breast and ovarian cancer, our Breast Health website and more.

Discount programs

Aetna Resource Connection (ARC)

With ARC employers can find significant savings on goods and services key to running their business.

Areas of savings include:

- Payroll and HR
- Operations
- Staffing
- Marketing
- Technology
- Finance

Aetna Healthy Living[®]

Visa credit card

Aetna and Bank of America have developed the Aetna Healthy Living Visa[®] credit card. This innovative credit card is a flexible tool for payment of out-of-pocket medical expenses as well as everyday purchases, and includes a health-themed rewards program based on the Bank of America WorldPoints reward platform.

Aetna VisionSM discount program

Members save 5% to 40% off the retail price of eye exams, eyeglasses, contact lenses and solutions, accessories and more, with Aetna's Vision Discounts program. Additionally, members can receive special savings on LASIK surgery. Call 1-800-793-8616 for vision providers and 1-800-422-6600 for LASIK questions.

Aetna HearingSM discount program

With HearPO[®] Aetna members can get 30 percent to 40 percent off the retail price of hearing exams and hearing services.* Members will save 4 percent to 62 percent off the retail price** on hearing aids. There are no referrals or claims. Call HearPO at 1-888-HEARING, or visit www.hearpo.com/aetna to locate providers.

Aetna FitnessSM discounts with GlobalFitTM

Members can enjoy 15 percent to 60 percent off regular membership rates*** within the GlobalFitTM network. With over 2,000 locations† it's easy to find a club close to home or work. Members can even get guest privileges at participating clubs when they travel. Visit www.globalfit.com/fitness for an updated list of participating clubs.

Oral care discount program

Aetna members, through the EpicTM discount program, have access to savings on oral health care products through our discount program with Epic Dental. For more information about the program, or to order Epic dental products, go online to www.epicdental.com/aetna, or call 1-800-494-3742.

Weight management program

Aetna's weight management discount program offers Aetna members and their eligible family members discounts on Jenny Craig[®] weight-loss programs and products. Access to these discounts will be provided at no charge to plan sponsors. Members can receive program details by calling 1-800-597-JENNY .

*Read the plan documents for additional hearing benefits that may be available under the plan.

**HearPO[®] is a registered trademark of HearPO Corp.

***Not available at all clubs.

†GlobalFit website. www.globalfit.com/fitness. 3/06.

‡Aetna is the brand name for products and services provided by one or more of the Aetna group of subsidiary companies. Wellness and Discount programs are offered, underwritten and/or administered by Aetna Life Insurance Company (Aetna).

Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Discount programs provide access to discounted prices and are NOT insured benefits.

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